

Look to the rock from which you were born

הביטו אל-צור חצבתם



*chicago jewish historical society*

***Ellen F. Steinberg***

discusses her new book

***“From the Jewish Heartland:  
Two Centuries of Midwest Jewish Foodways”***

Settling into the cities, towns, and farm communities of the midwest, Jewish immigrants incorporated local fruits, vegetables, and other comestibles into traditional recipes. Steinberg and co-author Jack H. Prost examined recipes from numerous midwestern sources, including Jewish homemakers' handwritten manuscripts and notebooks, published journals and newspaper columns, and interviews with Jewish cooks, bakers, and delicatessen owners.

***Sunday, November 6, 2011***

**West Suburban Temple Har Zion**

**1040 North Harlem Avenue, River Forest, Illinois**

**Program 2:00 p.m.**

**Social hour with kosher refreshments and book-signing to follow.**

For further information, email [info@chicagojewishhistory.org](mailto:info@chicagojewishhistory.org) or phone the Society office (312) 663-5634.